

## SCHOOL NEWSLETTER (12<sup>th</sup> March 2024)

KINDNESS

WELLBEING

INTEGRITY

RESILIENCE

*We would like to acknowledge the Wurundjeri people of the Kulin Nation as the traditional custodians of the land on which our school stands. We pay our respects to all First Nations elders, past, present and emerging.*

Hi Everyone,

It's fantastic that we have nearly made it through Term 1!! A great effort by the whole school community! A reminder that the last day of Term 1 is on **Thursday 28<sup>th</sup> March at 1:00pm**. Parents/Carers are invited to attend our last day of term assembly on **Thursday 28<sup>th</sup> March at 12:00pm**. We hope to see you at the assembly!

### ANNUAL GENERAL MEETING OF BROADMEADOWS VALLEY PS:

The Annual General Meeting is to share and discuss the 2023 Annual Report with the School Community. It's an opportunity to share the achievements and progress of the school with the school community. This includes reflecting on the school's performance as well as explaining the positive impact of school improvement efforts on student outcomes. All parents/carers are welcome to attend.

**Our Annual General Meeting (AGM) will take place on Tuesday 30<sup>th</sup> April 2024 at 4:30 pm in LN2.**

### CSEF

CSEF applications are open for 2024 and are due back as soon as possible. Forms have already been sent home earlier this term.

### Harmony Day

This month we usually celebrate Harmony Day, however we will be celebrating Harmony Day on **Thursday 2<sup>nd</sup> May**. Celebrating Harmony Day is important – a great way to show that we care about everyone in our community.

At Broadmeadows Valley PS, we have students from many different nations around the world so Harmony Day is a wonderful opportunity for us to celebrate and embrace our diversity.



### ANZAC DAY

**ANZAC Day** one of our Nation's most important days. ANZAC Day goes beyond the anniversary of the landing on Gallipoli in 1915. It is the day we remember all Australians who have served and died in all wars, conflicts, and peacekeeping operations.



The spirit of ANZAC, with its human qualities of courage, mate ship, and sacrifice, continues to have meaning and relevance for our sense of national identity.

ANZAC Day is on **Thursday 25<sup>th</sup> April 2024**. (Students are not required to attend school on this day.)

## Professional Practice Day

For Term 2, 2024, the Department of Education and Training has provided schools with the option to hold each teacher's allocated **Professional Practice Day** on the same day for all staff. This is to enable the most effective and efficient use of this day.

As a result, we have scheduled our Professional Practice Day for **Friday 26<sup>th</sup> April 2024**. Students are NOT required to attend school on this day.

## Compass

We are now using Compass School Manager as our Parent Portal. Using our Parent Portal you will be able to:

- Access your child's Student Progress and Semester Reports Book your Parent/Student/Teacher conferences
- View up-to-date class and school attendance information
- Approve or enter upcoming or past absences for your son/daughter
- Update your registered email and mobile number (used for SMS alerts) details Access information regarding upcoming events and news

Accessing Compass is a web-based system that is accessible on any modern web browser or by using the 'Compass School Manager' app available for iOS or Android. Please do not hesitate to contact your child's teacher if you require any further assistance.

## Foundation 2025

Already, we have had enquiries about enrolments for **2025**. If you know someone who lives in Broadmeadows and is interested in our school, please ask them to telephone the school office to book a place on one of our tours. If you already have children at our school and have a Foundation student for next year, please make sure you come and collect the enrolment pack so we can add you to our list!!

## Scooters and Bikes

Many students at our school ride a bike or scooter to and from school and it's important that we keep all our students safe when students are riding a bike or a scooter.

Therefore, please remember that **ALL** students who ride a bike or scooter to and from school **MUST** wear a helmet.



## Easter Raffle

The end of term is quickly approaching and to celebrate Broadmeadows Valley Primary School will be having an Easter Raffle with many great prizes! Raffle tickets will be sent home this week. The Easter Raffle will be drawn on the last day of the term on **Thursday 28<sup>th</sup> March** during the assembly at 12:00pm.

## Sleep Health

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- [Why sleep is so important](#), from the Kids Helpline's
- [Sleep explained](#), from the Better Health Channel.

## After School Care

We are excited to welcome children at Uniting After School Care at Broadmeadows Valley Primary School. Our Lead Educator Nasima has developed a program of engaging experiences ready for afternoons of fun and recreation. For more information or to submit an expression of interest, please visit <https://earlylearning.unitingvictas.org.au/child-care/broadmeadows-uniting-after-school-care/>



## NAPLAN

Classes from Years 3 and 5 will start NAPLAN testing over the next fortnight. Our teachers have been working with their students to familiarise them with the process and to assist with reducing their levels of anxiety or distress that they may be feeling with these formal assessments. If you have not received information regarding NAPLAN testing, please contact the school.

## Last Day of Term 1

Term 1 finishes on **Thursday 28<sup>th</sup> March 2024**. Students will be dismissed at 1:00pm.

## Term 2

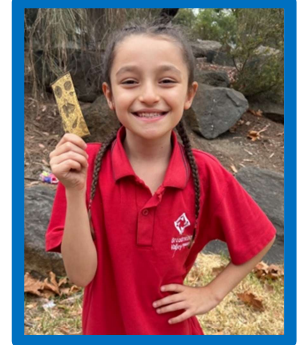
Term 2 will commence on **Monday 15<sup>th</sup> April 2024**.

# School Wide Positive Behaviour Supports (SWPBS)



This term, BVPS students have been working very hard to earn Broady Bucks by showing all different kinds of expected behaviours from our Matrix.

It's so exciting to hear about all of the wonderful things that BVPS students are getting Broady Bucks for. Waade from LN1 received a Broady Buck this week for 'Being a Learner' by showing whole body listening during the mini-lesson. Zahra from LN2 received a Broady Buck for using her best effort to write a persuasive text in Literacy.



Our current focus for our SWPBS is around simplifying the Expected Behaviours Matrix to make it easier for all students to follow. We have also been working with Junior School Council to get student input about the Broady Bucks Shop and what this will look like in 2024.



## International Women's Day Week Celebration

**"When you lift up women, you lift up families, you lift up communities, you lift up economics"**

**Kamala Haris**

As women are the heart of any community, it's no surprise we took the time to celebrate International Women's Day in various ways. We're pleased to hear positive feedback on the festivities and hope to see more people joining next year!

### International Women's Day Dinner

International Women's Day Dinner organized by a collaborative effort of the Community Hubs in Hume, the dinner was attended by almost 150 people. The dinner was intended to provide a space where women could step out of their daily routines and have time to enjoy themselves and each other. The night was filled with good food, multicultural music, cultural performances, and laughter.



### International Women's Day Picnic



International Women's Day Picnic, another event organised by the collaboration of Hume Community Hubs was a picnic held in Seabrook Reserve, Broadmeadows. This family-friendly activity had 200 women attending, each bringing different food to share meals together. Participants from our school were able to meet and connect with other ladies from different community hubs.





### International Women's Day Morning Tea

This event was a collaboration between BVPS Community Hub and Broadmeadows Women's Community House. It was an opportunity to sit down and discuss the theme of International Women's Day - Inclusion. Our families also enjoyed a variety of food, fresh barista coffee, and came together for meaningful conversations.



*Have a great week!*

**Belinda Karlsson**

Principal

## School Diary Dates

### Term 1 Dates 2024

Thursday 14<sup>th</sup> March- LN2 Camp Meeting (3:15pm)

Tuesday 19<sup>th</sup> March- School Council at 5:00pm

Wednesday 20<sup>th</sup> March and Thursday 28<sup>th</sup> March-Teeth on Wheels

Thursday 28<sup>th</sup> March-Last Day of Term- finish at 1:00pm (whole school assembly at 12:00pm)

### Term 2 Dates 2024

Monday 15<sup>th</sup> April- First day of Term 2

Thursday 25<sup>th</sup> April- ANZAC Day (Students not required at school)

Friday 26<sup>th</sup> April-Professional Practice Day (Students not required at school)

Tuesday 30<sup>th</sup> April-Annual General Meeting (4:30pm) / School Council (5:00pm)

Thursday 2<sup>nd</sup> May- Harmony Day

Thursday 30<sup>th</sup> May- School Photos

# BVPS

## EASTER RAFFLE

**10 Amazing hampers to be won!**  
**Including Gold Class Cinema**  
**Tickets!!**

**\$1 for One Ticket or \$5 for a Book**

Raffle will be drawn on the  
last day of term at assembly!

**28th of March at**  
**1pm**

