

SCHOOL NEWSLETER (3rd March 2026)

KINDNESS

WELLBEING

INTEGRITY

RESILIENCE

We would like to acknowledge the Wurundjeri people of the Kulin Nation as the traditional custodians of the land on which our school stands. We pay our respects to all First Nations elders, past, present and emerging.

Hi Everyone,

It's fantastic that we are halfway Term 1 and the calendar is looking very busy with lots of events and activities planned for the remainder of term.

ANNUAL GENERAL MEETING OF BROADMEADOWS VALLEY PS:

The Annual General Meeting is to share and discuss the 2024 Annual Report with the School Community. It's an opportunity to share the achievements and progress of the school with the school community. This includes reflecting on the school's performance as well as explaining the positive impact of school improvement efforts on student outcomes. All parents/carers are welcome to attend.

**Our Annual General Meeting (AGM) will take place on
Monday 23rd March 2026 at
9:00am in LN2**

Literacy Workshop

On **Thursday 26th February** we organised a parent workshop for parents and caregivers about strategies to support their child's learning at home. We had 16 families attend the workshop which was fantastic!

A huge thank you to Wendy Cecchini and Jamielee Black for facilitating the workshop. Due to the positive feedback, I received about the workshop, we will endeavour to organise more Literacy and Numeracy workshops throughout the year.



Curriculum Day



On **Monday 23rd February** all staff participated in a very productive Curriculum Day. Our focus for the day was Literacy (Writing) and on nurturing writer engagement through the use of Writer's Notebook. Staff had professional learning focusing on the purpose of Writer's Notebook and how to effectively incorporate them with the classroom. A huge thank you to Wendy Cecchini and to the English action team for preparing and planning the day.

NAPLAN

Years 3 and 5 students will undertake the NAPLAN test from Wednesday 11th March – Monday 23rd March. Teachers have been working incredibly hard with their students to familiarise them with the process and to assist with reducing their levels of anxiety or distress that they may be feeling with these formal assessments. Information regarding NAPLAN has already been sent home to families.

Attendance / Lateness

'Every Day Counts': A day here or there doesn't seem like much but...

When your child misses just	that equals...	which is....	and therefore, from Prep to Year 12, that is ...	This means the best your child can achieve is ...
1 day a fortnight	20 days a year	4 weeks of school	Nearly 1½ years of school	Equal to finishing Year 11
1 day a week	40 days a year	8 weeks of school	Over 2½ years of school	Equal to finishing Year 10
2 days a week	80 days a year	16 weeks of school	Over 5 years of learning of learning	Equal to finishing Year 7
3 days a week	120 days a year	24 weeks of school	Over 8 years of learning	Equal to finishing Year 4

The weather is getting quite cold but as you can see from the table, it is very important for students to attend school every day and on time. Please remember that we have heating in all three Learning Neighbourhoods.

We often have students arriving late to school. Students arriving late at school causes major disruptions to students' learning and they miss key learnings as Math is the first subject of each day.

We can all play a role in ensuring students attend school each day and on time.

Sleep Health

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- [Why sleep is so important](#), from the Kids Helpline's
- [Sleep explained](#), from the Better Health Channel.

Student Support Group Meetings (SSGs)

Our Student Support Group Meetings (*SSGs*) for Term 1 will be held in Week 8 this term. Invitations will be sent home to parents of students who are currently supported at school with an Individual Education Plan (*IEP*).

If you received one of these notes, please return the slip at the bottom of the letter indicating whether you would like to attend onsite or via phone, and if you need an interpreter.

It is so important that parents/caregivers attend these meetings to work in a partnership with our teachers on setting Individual Learning Goals so they are supported at school the best they can be. You, as the parent or carer, are your child's first teacher and the person who knows them best – as you spend the most time with them.

With the roll out of the new funding model - Disability Inclusion – a student's Individual Education Plan and minutes from SSG meetings also play an important role in the supporting documentation for any application submitted.

About SSGs

An SSG is a partnership between schools, parents/carers, the student and relevant agencies. The group works together to plan and support the educational, health, social, cultural and emotional wellbeing of students with diverse learning needs.

This may include students:

- with a disability or additional learning needs, including, but not limited to, students supported by the PSD or Disability Inclusion
- in Out of Home Care (*OoHC*)
- who are Aboriginal and/or Torres Strait Islander
- who are supported at school with a Behaviour Support Plan
- who are involved in the department's Navigator Program.

For more information regarding Student Support Group Meetings, please contact the school on 93094066.

Harmony Day

Harmony Day is celebrated in March but as this year this date is in Ramadan, we have decided to postpone our celebration until **Friday 27th March**. This is to ensure everyone has the opportunity to fully participate in this wonderful celebration of our diverse community by coming along to enjoy some performances, singing, dancing and sharing some tasty cultural food dishes. Everyone is welcome.



Foundation 2027

Already, we have had enquiries about enrolments for **2027**. If you know someone who lives in Broadmeadows and is interested in our school, please ask them to telephone the school office to book a place on one of our tours. If you already have children at our school and have a Foundation student for next year, please make sure you come and collect the enrolment pack so we can add you to our list!!

Pupil Free Day

Monday 9th March is a Public Holiday. Students are not required to attend school on this day.

School Tours

We will be operating school Tours on the following dates/times:

Thursday 5th March 4:00pm

Thursday 12th March 4:00pm

If you have a child who will be starting Foundation in 2027, please make sure you attend one of our school tours!

Inter-school Sports Dates

AWAY - 6th March, Dallas Brooks (26-36 King St, Dallas VIC 3047)

HOME - 13th March, Coolaroo South PS (Bushfield Cres, Coolaroo VIC 3048)

AWAY - 20th March, Meadows PS (41 Gerbert St, Broadmeadows VIC 3047)

Diary Dates:

Monday 9th March- Public Holiday (Students NOT required at school)

Monday 23rd March-Annual General Meeting at 9:00am

Friday 27th March-Harmony Day

Thursday 2nd April-Last Day of Term (School finishes at 2:00pm)

Monday 20th April-Term 2 Commences

NAPLAN- Wednesday 11th March 2026 and finishes on Monday 23rd March 2026.

Hope you have a great week!

Belinda Karlsson (Principal)

School Council

Schedule 4: Call for Nominations

Nomination forms may be obtained from the school and must be lodged by 4.00pm on **Friday 6th March**.

Following the closing of nominations, a list of the nominations received will be posted at the school. The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership Category	Term of Office	Number of Positions Vacant
Parent Member	From the day after the date of the declaration of the poll in 2026 and inclusive of the date of the declaration of the poll in 2028. (2 years)	4
DE Employee Member	From the day after the date of the declaration of the poll in 2024 and inclusive of the date of the declaration of the poll in 2026. (2 years)	No Vacancies
Community Member	From the day after the date of the declaration of the poll in 2024 and inclusive of the date of the declaration of the poll in 2026. (2 years)	No Vacancies

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

If you would like more information regarding school council and its schedule, please contact the office on 93094066.

International Women's Day Community Hub Picnic



This International Women's Day,
Let's **BALANCE THE SCALES**
For All Women and Girls

#BalanceTheScales | #IWD2026 | iwd.net.au

Thursday 12th March
10am-12pm
Jack Roper Reserve
217 Camp Road Broadmeadows

Bring a plate of food to share
(include list of ingredients)

Contact:
Colleen Coath
9309 4066